

275 Conference Track Meet

Ceglenski Field, Mound City, MO
Tuesday, May 6, 2025

12:00 PM Coaches Meeting

12:30 PM Field Events

Shot Put	JH Girls, JH Boys, HS Boys, HS Girls
Discus	JH Boys , JH Girls, HS Girls, HS Boys
Triple Jump	HS Girls, HS Boys, JH Girls, JH Boys
Long Jump	JH Boys, JH Girls, HS Boys, HS Girls
Javelin	HS Girls, HS Boys

4 throws or jumps; no finals

High Jump	JH Girls, HS Girls, JH Boys, HS Boys
Pole Vault	HS Boys, JH Boys, HS Girls, JH Girls

3 attempts at each height

Exchange Zones and cut-ins

Hurdle Jockeys

Administration

Nodaway Valley
Osborn/Stewartsville & South Holt
DeKalb
North Nodaway
East Atchison

Platte Valley
Mound City/Craig

Rock Port & Union Star & NE Nodaway

Mound City

3:00 PM Finals

100 M Low Hurdles	JH Girls
100 M H Hurdles	JH Boys, HS Girls
110 M H Hurdles	HS Boys
100 Dash	JH Girls, JH Boys, HS Girls, HS Boys
4 X 200 Relay	JH Girls, JH Boys, HS Girls, HS Boys
1600 M Run	JH Girls, JH Boys, HS Girls, HS Boys
4 X 100 Relay	JH Girls, JH Boys, HS Girls, HS Boys
400 M Dash	JH Girls, JH Boys, HS Girls, HS Boys
300 M Hurdles	HS Girls, HS Boys
800 M Run	JH Girls, JH Boys, HS Girls, HS Boys
200 M Dash	JH Girls, JH Boys, HS Girls, HS Boys
3200 M Run	HS Girls, HS Boys
4 X 400 Relay	JH Girls, JH Boys, HS Girls, HS Boys

Teams: DeKalb, East Atchison, Mound City, Craig, Nodaway Valley, North Nodaway, Northeast Nodaway, Osborn/Stewartsville, Platte Valley, Rock Port, South Holt, Union Star